

## Shrinkage of Prostate Glands after Botulinum Toxin A Prostatic Injections

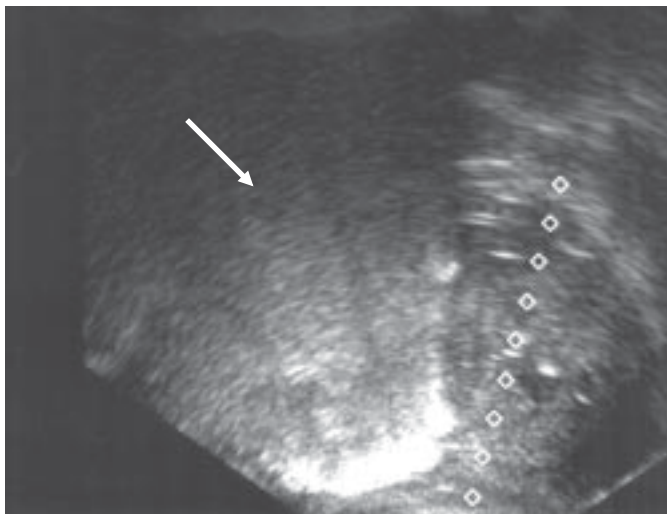
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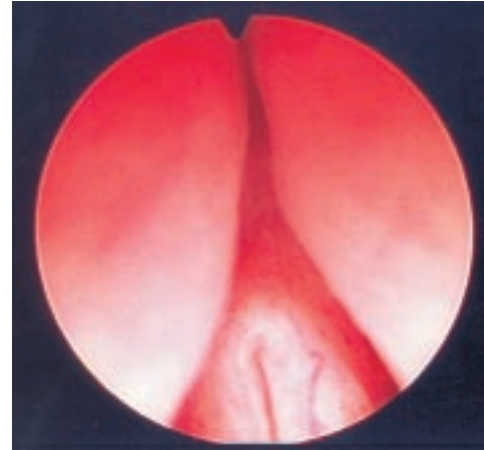
The patient was a 75-year-old man who had had lower urinary tract symptoms (LUTS) for 2 years. His prostate was enlarged (total prostate volume 60 mL, transition zone index 0.6) and the maximum flow rate was 7 mL/s with a post-void residual volume of 120 mL. He had been treated with alpha-blocker combined with 5-alpha-reductase inhibitor for more than 1 year but the LUTS remained bothersome. Therefore, he was recommended for botulinum toxin A (BTX-A) add-on therapy: 200 units of BTX-A (Botox, Allergan, U.S.A.) dissolved in 12 mL normal saline was injected into the middle portion of the bilateral lobes of the prostate. During prostatic injection, the BTX-A solution distributed to the whole lobe through a single puncture and injection (Fig. 1). Cystoscopy was also performed to investigate the prostatic urethra at baseline and after BTX-A injection (Fig. 2). As we can see, the prostatic urethra was dilated at 1 month and further dilated at 3 months after BTX-A injection, indicating the pro-static volume had decreased and the bladder outlet obstruction had been relieved. The patient had an improved LUTS score and increased maximum flow rate after treatment.

### REFERENCE

1. Chuang YC, Chancellor MB: The application of botulinum toxin in the prostate. *J Urol* 2006; **176**:2375-2382.



**Fig. 1.** Distribution within right lobe after BTX-A injection.



Baseline



1 Month



3 Months

**Fig. 2.** Serial cystoscopy at baseline and after BTX-A injection in patient with benign prostatic hyperplasia.